

The Promises of A. A.

If we are painstaking about this phase of our development, we will be amazed before we are halfway through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. The feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not. They are being fulfilled among us - sometimes quickly, sometimes slowly. They will always materialize if we work for them.

A little humor combined with reality!

The Promises In Reverse (AA Grapevine)

If we are NOT painstaking about this phase of our development, we will be drunk before we leave the parking lot. We are going to know a new pain and a new misery. We will regret our deeds and repeat them over and over. We will comprehend the word chaos and we will know calamity. No matter how far down the road we stagger, we will still wonder where we are going. That feeling of uselessness and self-pity will intensify. We will lose interesting things and gain relations with strange fellows. Self-seeking will be constant. Our whole attitude will be on the lookout for the cops. Fear of people and economic insecurity will leave us - homeless. We will intuitively know how to stay drunk with little or no money. We will suddenly begin to think that God does not exist.

Are these extravagant promises? Probably not. They are being practiced daily, sometimes insanely, sometimes deadly. They will continue to happen if we keep drinking.

Robby R.

*GOD, Grant me the serenity to accept
the things I cannot change,
Courage to change the things I can,
and the Wisdom to know the difference.*